



NS Health & Safety Charter

PROMOTING MENTAL HEALTH BY DESIGN: [A LUNCH & LEARN](#)

Promoting mental health is an integral part of our mandate to make Nova Scotia the safest place to work and live in Canada. The role workplace design plays in supporting mental wellness is one many have yet to consider. That's what this lunch & learn is about.

We are fortunate to be joined by three dynamic speakers:

Dr Krista Jangaard - President & CEO, IWK Health Centre

Asa Kachan - Chief Librarian & CEO, Halifax Public Libraries

Scott Armour McCrea - President, Armour Group Ltd.

Each will discuss the critical importance of how properly designed workplaces and public spaces can increase interaction and enhance mental health.

Date & Time	Location	Attendance
Thu, 23 May 2019 12:00 PM - 2:00 PM ADT	Ivany Campus (Dartmouth Waterfront) 80 Mawiomi Place	\$25 per person Register Now

We thank you in advance for your participation and support of this initiative.
2018-2019 Steering Committee

About Our Speakers



Dr. Krista Jangaard

Dr. Krista Jangaard is the IWK Health Centre's President and CEO. Krista first joined the IWK in 1996 in the division of Neonatal-Perinatal Medicine. In 2008, she assumed the role of Medical Director of the Neonatal Intensive Care Unit and in 2010 became the Neonatal-Perinatal Medicine Division Head. In addition, she is an associate professor at Dalhousie University in the department of pediatrics and the department of obstetrics and gynecology.

Krista completed her medical training at Dalhousie University where she also later earned a Master of Health Administration and was awarded the Glenn Moore Memorial Award as well as the Nova Scotia Association of Health Organizations Award for Academic Excellence.



Asa Kachan

Åsa Kachan is the CEO & Chief Librarian for Halifax Public Libraries where she oversees 420 staff working across the 14-branch library system. Halifax Public Libraries recently received international acclaim with the opening of Halifax's new Central Library in 2014. The organization is very highly regarded for its services, programs, and welcoming spaces that cater to diverse populations with equality and respect.

Prior to her role with Halifax Public Libraries, Åsa spent 16 years in senior administrative roles within various universities. During a recent role, serving as the Assistant Vice-President of Enrolment Management & Registrar for Dalhousie University, she undertook critical transformations to improve the student experience across all touchpoints. In 2018 Åsa was appointed to the Governing Council of the Social Sciences and Humanities Research Council (SSHRC) for a three-year term.



Scott Armour McCrea

Mr. McCrea is the Chief Executive Officer of The Armour Group Limited, one of Atlantic Canada's largest fully integrated real estate and investment concerns. His over 25 years of experience include the development and management of complex real estate projects in the commercial, residential, hospitality and tourism-related fields, and have involved the successful negotiation of hundreds of millions in debt and equity placements and property acquisitions.

Mr. McCrea is a graduate of the University of Western Ontario and the University of Toronto where he studied business and economics. In 2019, he was awarded a Doctor of Commerce, honoris causa from Saint Mary's University.